

The Short Anger Measure: Development of a Measure to Assess Anger in Forensic Populations

Gerace, Adam BPsych(Hons), PhD; Day, Andrew BA(Hons), MSc, D.Clin.Psy

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Abstract

In this brief report we describe the development of a measure of anger that may be used by nurses and other professionals to assess anger and changes in anger with male offenders. The Short Anger Measure, a 12-item self-report measure of angry feelings and aggressive impulses, was administered to 73 male offenders. The measure showed sound psychometric properties (internal consistency reliability, test-retest reliability) and concurrent validity with an established measure of anger. The potential use of the measure by nurses working in forensic settings is discussed.