

Optimizing Collaboration between Hamilton Detention Centre & Mental Health Services through the Use of Community Treatment Orders for Offenders with Mental Illnesses

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Overview of Session

- ❑ Hamilton Committee
- ❑ St. Joseph's Healthcare Hamilton - SCIS
- ❑ Transition process from detention to hospital to community
- ❑ Community Treatment Orders as an option

Objectives

- The Human Service & Justice Committee initiated a collaboration between the SCIS, St. Joseph's Healthcare Hamilton and Hamilton Wentworth Detention Centre
 - Aim: To provide a smooth transition from custody to in-patient services for treatment and discharge to community for select clients on a CTO

Human Services and Justice Coordination Committee

- ❑ Overall Objectives of Local Committee
- ❑ Specific Tasks



Referral Criteria

- Must meet at least three of the following case review indicators with a main concern being a high risk to self or others in the community

Case Review Indicators: Definition-High Risk

- ❑ Expressing threats to others or themselves
- ❑ Is violent towards others
- ❑ Harm to self
- ❑ History of violence
- ❑ Recently non-collaborative with services
- ❑ Deterioration in mental health
- ❑ Repeated involvement within the Criminal Justice System

Case Review Indicators: Definition-High Risk cont'd

- ❑ Frequent indiscriminate contact with a number of service providers but refuses to engage in service plan
- ❑ Client has exhausted all available resources in the community, lack of service to meet the client needs

Membership of Local HSJCC

- Chair: Terry McGurk, COAST
- Co-Chair: Dennis DeSalvo,
Canadian Mental Health Association

Membership of Local HSJCC

St. Joseph's Healthcare Hamilton

Programs

- ❑ Psychiatric Emergency Service
- ❑ Hamilton ACTT 1 & 2
- ❑ CTO Coordinators
- ❑ Forensic Service
- ❑ SCIS
- ❑ Central Access Coordinator with SJH
- ❑ Psychiatrist (SCIS)

Membership of Local HSJCC Criminal Justice System

- ❑ Hamilton-Wentworth Detention Centre
- ❑ Hamilton Police Services
- ❑ Probation and Parole
- ❑ Youth Probation and Parole
- ❑ Crown Attorney

Membership of Local HSJCC Other Community Agencies

- Addiction services
- CMHA Mental Health Court Support Services
- Public Health Outreach Team
- Bethesda Dual Diagnosis Justice Case Management Team
- Acquired Brain Injury programs
- Catholic Family Services
- Contact Hamilton
- Native Women's Services
- Banyan Community Services
- Hamilton Regional Indian Centre
- John Howard Society
- Southern Network of Specialized Care
- Good Shepard Services
- Barrett Centre

Schizophrenia & Community Integration Service (SCIS): Who We Serve

- ❑ Adults with serious mental illness across the lifespan, specializing in schizophrenia & related psychotic disorders
- ❑ Complex & diverse psychiatric, medical, social, legal, behavioural conditions
- ❑ Serve residents of Hamilton & surrounding regions (Halton, Brant, Norfolk, Haldimand, Niagara)

Our Aim is to...

- Support individuals living with schizophrenia and/or have experiences with psychosis to regain & manage their health, & to live hopeful, meaningful lives through the provision of compassionate, innovative, specialized mental health & addiction services.

SCIS Programs

- ❑ CTO Program
- ❑ Cleghorn Program
- ❑ 4 Assertive Community Treatment Teams (ACTT)
- ❑ 4 In-patient Units
- ❑ Transitional Out-Patient Program (TOPSS)
- ❑ Schizophrenia Outpatient Clinic (SOC)
- ❑ Homes for Special Care (HSC)
- ❑ Centralized Rehabilitation Resource Clinic (CRRC)

SCIS - Inpatient Services

- ❑ Specialized inpatient units at West 5th Campus
- ❑ Comprehensive interdisciplinary assessment, treatment, rehabilitation & discharge planning
- ❑ An emphasis on transitional care & bridging services to support continuity of care

Our collaborative process

- Clients with a diagnosis of schizophrenia are flagged at our local committee meeting by the Detention Centre Representative

Physician Role

- Begins with a request from the Hamilton Detention Centre for consultation
- Psychiatrist from SCIS is invited into the Detention Centre to assess the suitability for admission into our service
- Must meet criteria for Form 1 (under the Ontario Mental Health Act)

Preparing Staff for Admission

- ❑ Patient's history
- ❑ Possible risks
- ❑ Staff knowledge, skills and experience in managing risks
- ❑ Try to plan proactively for any potential issues

Safety Strategies

- ❑ Admit directly into the unit's seclusion room
- ❑ Security presence on the unit
- ❑ No added intervention

Transitional Outpatient Program (TOPSS)

- ❑ Case managers support client's seamless transition from inpatient to a community-based service
- ❑ Provide an active, evidence-based safety net for the vulnerable transition period from hospital to community
- ❑ Engage families to participate in care
- ❑ Collaborate in creative shared-care arrangements with other service providers

Overview of CTOs

- ❑ CTOs around the world
- ❑ CTOs in Canada
- ❑ CTO in Ontario
- ❑ CTOs in Hamilton
- ❑ CTO outcomes

Purpose of a Community Treatment Order

Ontario Mental Health Act 33.1(3) (1990)

“The purpose of a CTO is to provide a person suffering from a serious mental disorder with a comprehensive plan of community based treatment or care and supervision that is less restrictive than being detained in a psychiatric facility”

- This was meant for revolving door clients

Case Example - Max

- ❑ Background
- ❑ Past psychiatric history
- ❑ Past legal history
- ❑ Flagged for CTO
- ❑ Post initial CTO issuance
- ❑ Current status

CTO's as an Option for This Client Group

- Benefits
- Challenges

Status of 14 Clients

- ❑ Gender
- ❑ Capacity
- ❑ Current/Follow-up
- ❑ Baseline/Current Legal Involvement
- ❑ Baseline/Current # Admissions & Days in Hospital
- ❑ Concurrent Disorders

Criticisms of CTOs

- ❑ A randomized controlled trial in UK:
“We found no support in terms of any reduction in overall hospital admissions to justify significant curtailment of patients’ personal liberty” (Burns et al, 2013, p 1627)
- ❑ Queen Street Outreach Society criticized CTOs as a way to discharge to save money (Retrieved Nov 2015 from www.qsos.cc/cto.html)

Further Potential Collaborations

- Treatment of inmates with long-acting anti-psychotic medications

Potential Solutions

- ❑ Medical TAP (temporary absence pass)
- ❑ Use of emergency services

References

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Thank you!
Questions?