



**Chairperson:** Sharon Deally-Grzybowski, Canadian Mental Health Association WWD

**Recorder:** Sarah Schindler

**Present:** Adrienne Crowder, John Wenstrup, Rachel Doyle, Mary Hanlon, Cheryl Skirving-Mills

**Regrets:** Jan Wyman, Rhonda Frank

**Guests:** Jen Heaslip (Here 24/7), Amy Bushey (Mental Health Nurse, Maplehurst), Gail Hoekstra (Drop-In), Lisa MacEachern (Pharmacist)

### 1. Welcome and Introductions

Sharon welcomed everyone with a round of introductions.

#### Acceptance of Agenda of December 10, 2015

Agenda was accepted by consensus.

#### Acceptance of Minutes

Minutes of September 17 were accepted by consensus. If there are any edits, please send them to Sharon; once finalized the minutes will be posted on the provincial HJSCC website.

### 2. Provincial HSJCC Reporting Structure and Priority Setting SWOT exercise

The Provincial HSJCC has instituted a new reporting structure and has requested that committees complete a SWOT exercise and respond to some priority setting questions. The SWOT exercise was completed as a group.

### 3. Improving Discharge Planning Re: Release from Custody

At the September meeting there was a discussion on concerns around the transition for individuals being released from custody, often without their belongings (keys, prescriptions, medications, etc). Even when people are entering custody there is a lack of support around these issues. When people are in detention there are no case managers, etc, and there is no point of contact for the person or organizations to follow up with.

At Maplehurst the Social Worker positions handle discharge planning. Upon release an inmate will receive a medical profile that lists any medications they have received while in custody. From a pharmacological perspective, there have been instances where individuals have been given a prescription in custody that is not covered by OHIP or an individual may have sold the small supply of medication they received while in custody and have nothing left. At Maplehurst, currently there is one mental health nurse for 1,200 inmates.

Sharon circulated a form created by CMHA in partnership with WRPS and the Working Centre; Property Direction and Release of Liability, Release of Property. In the area around Ottawa/Renfrew County they have what is called the 'Red Envelope' program where the individual's belongings (wallet, keys, and medication) follow them to/from court and custody in a secured red envelope. (See attachments)

Could there not be a release form available at the courthouse that an individual could complete? Lisa explained that there are a few pharmacies in the vicinity of the courthouse; offer a choice of them and fax the medical profile directly to the pharmacy where it would act as a medical directive to allow the individual to receive at least a three-day prescription.

Police, OPP and Maplehurst staff should be further involved to determine whether there could be a potential partnership or opportunity to pilot one of these programs (as listed above).

Next Steps:

- Agreement to pursue this issue, to be added as standing agenda item
- Sharon to connect with police services for their input
- Adrienne to compile information on other programs like the 'red envelope' program
- Amy to discuss with Rhonda Frank proposal by Pharmacy to utilize a medical directive with the medical profiles obtainable at Maplehurst.

**4. Drug Treatment Court Update**

John reported that currently there are four participants in the DTC, one of whom will be graduating from the program in the near future. There is capacity for seven individuals. They are lacking in referrals at the moment. Staff has met with researchers from the University of Guelph who are helping to track outcomes and determine how contact can be maintained for follow-up.

**5. Agency Updates**

- Drug Strategies across Ontario have advocated for numerous proposals around opiate-use, prescriptions for life, etc – this story was picked up by Vice TV.
- There was also a letter that advocated for a provincial policy around drug management.
- Poverty Task Force are partnering together to join the 20,000 Homes Campaign, seeking to have 20,000 people housed by 2018. They will be interviewing homeless people to collect stories that can drive this project.
- Wellington Drug Strategy will have a Recovery Day Celebration next September 2016.

**6. New Business**

- Mary has been working to arrange a Lunch and Learn with Judge Douglas at the Drop-In. Tentative date is scheduled for March 2. More information to come. Topic: Drug Treatment, Mental Health Court, and Withdrawal Management (Rachel to connect with Kerry Manthenga around this).
- It is hoped that as the next Guelph HSJCC meeting is on March 2<sup>nd</sup> at the Drop In, members will try to attend the Lunch and Learn at 1pm and stay for the HSJCC meeting at 3:15pm.
- Would this committee support the printing of WRIDS-produced harm reduction information cards around safe practices for smoking Crystal Meth? General agreement.

The meeting ended at 2:30pm.

**Next Meeting Date: Wednesday March 2 – 3:15-5:00pm, Drop-In (23 Gordon St, Guelph)**